



SPDC Parent Carer February 2025 Newsletter



february at a glance!

Thursday 6th February
Adult Transition workshop

Monday 10th February

Coffee Stop Shop in partnership with
Green Doctor

Friday 14th February

Valentines Willow Hearts

Monday 17th Feb-Friday 21st Feb
HALF TERM

Tuesday 25th February
Coffee & Craft-Book folding Activity

Tuesdays throughout February

Cost of living Team



Welcome



SPDC parent carer February activities promise to have informative and social opportunities available for parent carers in Sandwell SEND community.

I look forward to catching up with you and welcoming new families.

I am contactable on: 0121 565 2410, 07969 519701 or email admin@sp-dc.org



Take Care

Claire x



Bookings must be sent to spdcparentcarerbooking@sp-dc.org before Monday 10th February to allow for planning.



Twilight & Weekend Sessions



From time to time SPDC is asked host more twilight & weekend opportunities for those parent carers who are unable to join in with weekdays one. We at SPDC are very keen to support such parent carers but, owing to the cost implications of arranging courses and activities, we need to be sure that parent carers would make use of such opportunities. Hence, we are inviting you to discuss this issue on;

Wednesday 26th February 5.00pm-7.00pm at The Court of Requests, Church Street, Oldbury B69-3AF

Come and enjoy a drink on us and share you views with staff.

Please email spdcparentcarerbooking@sp-dc.org to book your place.

Please note: If we do not have interest for this event, we will not go ahead and so booking is essential.



February Activities for Parent Carers





SPDC

Adult Transition Information Session

Thursday 6th February

10:00-11:30am Galton Valley Children's Centre, Great Arthur Street, Smethwick B66 1DH

We are delighted to welcome back a member of the CAHMS to AMHS Team!

Laura Hamilton is the Transition Officer for Black Country Mental Health Services, arranges for young people to transition from Children's and Adolescent Mental Health Service (CAMHS) to Adult Mental Health Services (AMHS), will be available to discuss the service and what is available for your young person.

If you attended the session in September Laura will be offering an update on the new service.

Light refreshments available

Please email spdcparentcarerbooking@sp-dc.org to book your place





Coffee Shop Stop



Monday 10th February @ 10.00-11.30am YMCA Coffee at the Clock, 38 Carters Green, West Bromwich B70 9LG

The SPDC Coffee Shop Tour continues into 2025 giving you a chance to chat, have some laughs and enjoy toast with a cuppa on us!

We will also be joined by the Green Doctor Team who are energy efficiency experts offering free, impartial advice to help people take control of their bills, save energy in the home and help with damp and mould issues.

Huge thanks to St Germains Church & Cadent for their donation of carbon monoxide detectors which will be available free for each attendee.



Please email spdcparentcarerbooking@sp-dc.org to book your place.





February Activities for Parent Carers



Valentines Special

Friday 14th February 11:00-1:00pm

West Smethwick Park Pavillion, West Park Road, Smethwick B677JJ



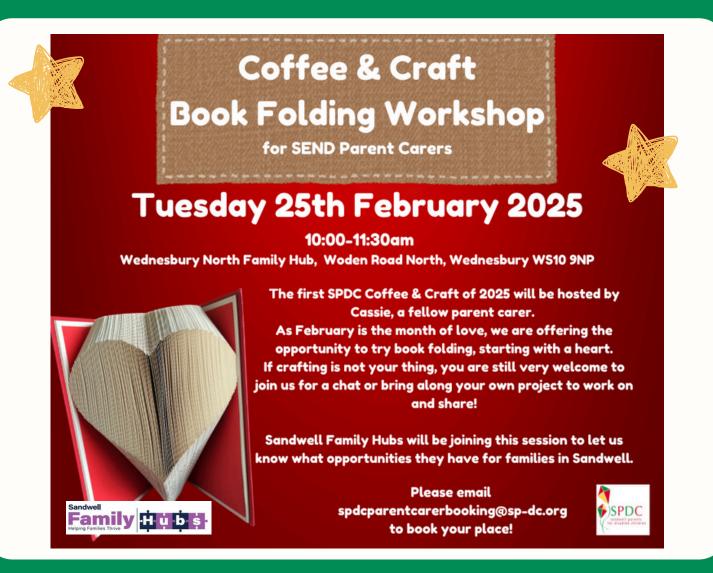
Following the success of the Christmas woven star event in December, we have been asked to repeat the workshop, so we have.

This time with woven hearts!

Additional to this we will have the opportunity to try diamond art with Sharon, also a fellow parent carer.

Light Refreshments available

Please email spdcparentcarerbooking@sp-dc.org to book your place.





Cost of Living Team

Tuesdays throughout February Galton Valley Children's Centre, Great Arthur Street, Smethwick, B66 1DH

The cost of living Team are continuing with services on Tuesdays at SPDC HQ for the time being! Don't worry if you have not received your migration letter for universal credit.....get ahead of the game and beat the queues!

Please call 0121 565 2410 to book your place.

Your feedback is important!

Feedback is a key component for our service so we can listen and respond and engage to families needs more efficiently.

Its easy to offer feedback by:



speaking to a member of staff at sessions.



Call SPDC HQ 0121 565 2410



admin@sp-dc.org

Contact us!

Sandwell Parents for Disabled Children Galton Valley Childrens Centre, Great Arthur Street, Smethwick, B66 1DH

Tel 0121 565 2410

Email info@sp-dc.org **Charity Number 1125576**











