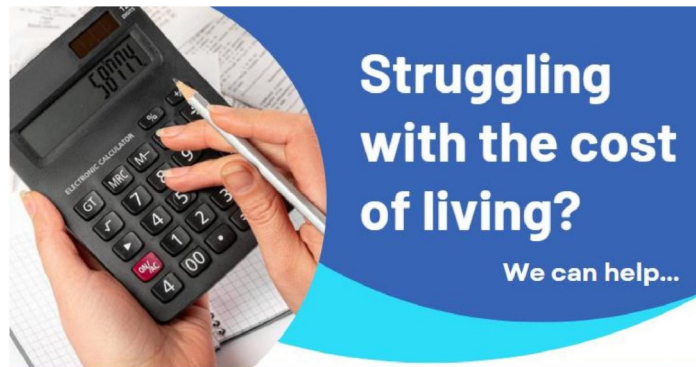




Cost of Living Pop up Shop at SPDC!



Our cost of living advisers offer free support with:

Benefits Budgeting Debt
Employment Energy



Sandwell Parents for Disabled Children
Galton Valley Childrens Centre
Great Arthur St
Smethwick, B66 1DH
Sessions starting Tuesday 9th April 2024
9.30am to 1.00pm

Call 0121 565 2410
to book a one to one
45 minute
appointment!



We are delighted to be working with Sandwell's Cost of Living Team and have bookable one to one 45 minute sessions each Tuesday throughout April with a Cost of Living advisor on the following dates between 09.30am and 1.00pm.

Tuesday 9th April 2024

Tuesday 16th April 2024

Tuesday 23rd April 2024

Tuesday 30th April 2024

This is a great opportunity to have professional advice in the current cost of living .
Please email spdcparentcarerbooking@sp-dc.org or call 0121 565 2410 to book your
timed appointment slot.



Coffee Shop Stop!



Thursday 11th April 2024 10.00am-11.30am

Sandwell Valley Visitors Centre, Courtyard Kitchen, Salters Lane,
West Bromwich B71 4BG



The SPDC Coffee Shop Tour continues, so join us at our next stop for a good old chat, some laughs, coffee on us and a stroll around the courtyard!

This is a bookable activity.



Haden Hill Gentle Stroll!



Wednesday 17th April 2024, 10.00am—12.00pm

Haden Hill Park, Halesowen Road, Cradley Heath B64 7JU

Meeting outside the front of Haden Hill House.

This session has been rearranged from last month due to having to cancel but we didn't want you to miss out on this fantastic opportunity.

Parent carers are welcome to join us on an gentle leisurely stroll and chat around Haden Hill Park, followed by a cuppa at Haden Hill House afterwards.

The staff have also kindly offered the opportunity to browse the historical Victorian house to finish the session.

Light Refreshments will be provided.

This is a bookable activity.



Coffee & Craft!



Wednesday 24th April 2024, 10.00am—12.00pm

Galton Valley Childrens Centre, Great Arthur St, Smethwick B66 1DH

Come along to SPDC HQ and enjoy a morning of crafting, coffee and chat! You are welcome to bring along your own project or pick a kit from what we have to offer on the day!



Light refreshments and toast will be provided.

This is a bookable activity.





COMING SOON

We haven't forgot the dads!
Please look out for a date coming very soon!

To book activities please email

spdcparentcarerbooking@sp-dc.org

Stating the name of each parent carer and which event you want to book for bookings will close on

Tuesday 2nd April @ 9am



Venue wheelchair accessible



Sandwell Parents for Disabled Children, Galton Valley Childrens Centre, Great Arthur St, Smethwick, B66 1DH

Tel: 0121 565 2410

Ch Reg: 1125576

Website: www.sp-dc.org

