



Family Club

November &
December
2023



West Bromwich Leisure Centre, Moor Street,

West Bromwich B70 7AZ

(Parking at the rear of the leisure centre but refundable at centre reception)



We are on Christmas countdown!

SPDC's Family Club returns Monday 6th November 5.00-6.30pm our sessions offers families, the chance to take part in a variety of active/sporting and creative opportunities each week, during term time.

Family Club is all about FUN!

We have a different creative theme each week so, please take a look at the information overleaf for details of each session and only book the weeks that appeal to your family.

Our active programme offers a mixture of opportunities each week, these include football, basketball, badminton, table tennis and parachute games. In addition to these staff are working hard to arrange guest coaches to join us so that you can improve and learn new skills.

Keep your eyes peeled for details of these on our Face book page.

Important booking Information

Please email your expressions of interest to spdcbooking@sp-dc.org

Your email should clearly state:

*Your name

*Which date (s) you would like to attend

*How many people (adults and children) will be taking part in the session

It is important that you provide this information in full, as without it we may not be able to process your booking.

If you are booked on to a particular session and can no longer attend, we would ask that the team be notified as soon as possible by calling

Diane 07594 486930

Gary 07763 593877

SPDC hold waiting lists for activities and would be able to offer another family the opportunity.

Bookings will close Wednesday 1st November 9:00am

You will be advised via email 3rd November about the places you have been allocated.



Club Activities

5:00PM-6:30PM



Monday 6th November— Its all about colour



Creative Opportunity

Join us for an evening of colour, Henna art, rangoli sand art and much more!

Our Active Opportunities:

Put your skills to the test and challenge staff to hockey dribbling, basketball shoot out, table tennis, badminton and our popular football shoot out to end.



For our younger visitors (under 8's) and those with specific sensory needs we have exclusive use of the soft play area situated on the ground floor from 5:30-6:30pm.

Monday 13th November-Cake Decorating with YUMMY NOO'S

Creative Opportunity—Cake themed activities

Come practice your piping skills or learn a new skill and maybe try a cake or 2.

Active Opportunities:

Various sporting activities on offer to include table tennis, badminton, football shootout and much more.

For our younger visitors (under 8's) and those with specific sensory needs we have exclusive use of the soft play area situated on the ground floor from 5:30-6:30pm.



Monday 20th November—Time Capsule

Creative Opportunity

Lets create a **Time Capsule** and decide where to hide, and how long to leave it for.

Let's get Parents to join in our Active Opportunities:

various sporting activities to include volley ball, parachute games, badminton and ball games with a difference.



Monday 27th November—Sensory Winter Jars

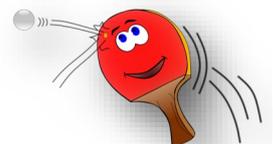
Creative Opportunity

Come along and crate your own sensory winter jar, fill it winter items and decorate with sensory decorations.

Create marble leaf art along with sensory playdough

Active Opportunities

A variety of sporting challenges, these include table tennis, badminton, hockey and football shootout to end.





Club Activities

5:00PM-6:30PM

It's All About Christmas



Monday 4th December— Christmas Crafts Part 1

Let's brighten these dark nights

Creative Opportunity

Join us to design your own doormat to welcome your guests for Christmas!

Active Opportunities:

Various sporting activities to test your skills!



Monday 11th December— Christmas Crafts Part 2

Let's end family club for the Christmas break with a sing song/games and lots of fun

Creative Opportunity

Try your hand at diamond art! Make a Christmas Card or maybe a gift.

Active Opportunities:

Various sporting activities including basketball, badminton and table tennis.



Sandwell Parents for Disabled Children team
would like thank you for your continued support
and wish you a
Merry Christmas and a Happy New Year!

Contact us!

Sandwell Parents for Disabled Children,

Galton Valley Childrens Centre, Great Arthur St, Smethwick B66 1DH

Tel: 0121 565 2410

Ch Reg: 1125576

